

# STD testing

## Where can students get tested?

### STI testing at Harvard

If you are on your parents' health insurance or the Student Health Insurance Plan (SHIP), Harvard University Health Services (HUHS) provides STI testing without any out-of-pocket cost to you. If you are on a different health insurance plan, please refer to your benefit guide to confirm coverage for STI testing.

To schedule an STI test at HUHS please call: 617-495-5711

### STI testing within the Boston area

If you do not feel comfortable going to HUHS for STI testing, [the CDC website](#) has a list of locations for HIV and STI testing in the Cambridge and Boston area and beyond, just enter your zip code.

### How often should you get tested?

Frequency of testing will vary by each individual person. [Check out the CDC's recommendations on how often to get tested.](#)



DISCLAIMER: These recommendations are based on those from the Centers for Disease Control and Prevention and do not substitute an appointment with a physician. Based on your sexual orientation, gender identity and lifestyle, you may benefit from more frequent testing. Consult your physician for an STI testing plan that's right for you.

## Who?

## What?

## When?

<b>Anyone who has unprotected sex or shares injection drug equipment</b>	HIV	After having unprotected sex or sharing injection drug equipment
<b>Everyone ages 13 to 64</b>	HIV	At least once in their lifetime
<b>Sexually active women ages 25 and younger</b>	Gonorrhea Chlamydia	Once a year
<b>Sexually active women ages 25 and older with new or multiple sex partners, or a sex partner who has an STI</b>	Gonorrhea Chlamydia HIV Trichomoniasis Hepatitis B Hepatitis C	Once a year If positive, retest 3 months after treatment
<b>All pregnant women</b>	Syphilis HIV Hepatitis B  <b>If younger than 25:</b> Gonorrhea Chlamydia	First prenatal visit At 3 months In third trimester
<b>Sexually active men who have sex with men</b>	Syphilis Chlamydia Gonorrhea HIV	At least once a year Every 3 to 6 months, or more frequently as directed by a physician
<b>Those who have multiple or anonymous partners</b>	<b>If born before 1945:</b> Hepatitis B Hepatitis C	