### **General Education 1079**

### Why Is There No Cure for Health?

Fall Term, 2022 Boylston 110

Course Website: <a href="https://canvas.harvard.edu/courses/106930">https://canvas.harvard.edu/courses/106930</a>

#### **INSTRUCTOR**

#### Professor David M. Cutler (he/him)

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Drop in hours: Tuesday, 10:30-11:30.

To schedule an appointment, please contact:

Emily Sall, Faculty Assistant

Email: esall@fas.harvard.edu | T:617-496-0053

Or e-mail me as that is often quicker than scheduling a meeting.

#### **TEACHING FELLOWS**

Karen Smith (she/her), Head Teaching Fellow, <a href="kas3458@g.harvard.edu">kas3458@g.harvard.edu</a>
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#### Why is There No Cure for Health?

Around the world, billions of dollars are spent on health care treatments, public health initiatives, and pharmaceutical research and development. So why are we still not able to prevent preventable diseases, provide affordable healthcare for millions of people, and deliver cures for curable diseases? And what are the best ways to address these issues?

Because these questions are so large, we will focus our discussion around questions like: What steps should be taken to address epidemics? How should prescription drugs be produced and sold? How should the United States reform its health care system?

We will explore how social scientists address empirical questions, the types of data that are available, how those data are analyzed, and the confidence with which causal statements are made. By the end of the course, you will be able to dissect a large question – such as how to reform American healthcare – into its technological, social, economic, and moral components, and weigh potential solutions according to these guiding vectors.

#### **COURSE DESIGN**

**General education.** This course meets the General Education requirements in "Science, Technology, and Society". For students in the class of 2022, this course fulfils the requirement in Empirical and Mathematical Reasoning.

**The course counts for economics department credit.** If you wish to receive writing credit, you need to demonstrate facility with economics concepts in your final assessment.

There are two learning objectives for the course. The first is to confront issues of important policy concern. We will do this in three areas, noted below. The second is for you to learn how to think about difficult empirical problems – problems where theory alone will not give a complete answer, and where the data are not fully conclusive. We expect you to struggle with these questions – even professionals do.

The class is divided into three units. In each unit, we will discuss substantive and methodological issues. The assignments will mirror this division. There will be problem sets that focus on the methods and tools used in each unit. In addition, students will complete an applied assignment at the end of each unit that involves coming up with an answer to the driving question of that unit.

All readings are available to students without charge. Links are provided in the syllabus and on Canvas.

Unit	Analytic Tools	Unit Question
Epidemics	Epidemiology Problem Set 1 assigned: September 8 Problem Set 1 due: September 19, 5pm	What Should We Do About Infectious Diseases? Analysis 1 due: September 23, 5pm
Pharmaceuticals	Economics: Supply and Demand Problem Set 2 assigned: October 6 Problem Set 2 due: October 14, 5pm	What Type of Startup Would You Design? Analysis 2 due: October 21, 5pm
Health systems	Regression Analysis; Causality v. Correlation Problem Set 3 assigned: November 3 Problem Set 3 due: November 14, 5pm	How Can We Fix Health Care in the U.S.? Analysis 3 due: November 22, 5pm

#### **COURSE MEETINGS AND CLASS PARTICIPATION**

Class will meet two times per week. Check the schedule carefully, as the exact days vary from week to week. Class will meet in Boylston 110.

**Attendance is required.** Please e-mail Professor Cutler, your TF, or Karen Smith if extenuating circumstances, such as COVID-19 infection or religious observance, require that you miss class. Gen Ed courses are not eligible for course-wide simultaneous enrollment waivers. Students pursuing simultaneous enrollment in a Gen Ed course and a non-Gen Ed course must attend the Gen Ed course.

This course uses a "flipped" classroom. Thus, work is required in advance of each class. You will learn about the important concepts through readings and videos. During class, we will build on these concepts, with subgroups, class discussions, and other methods. In addition to the pre-class work, there are other readings and activities that can be done before or after class. We recognize that some students learn best by reading prior to material being presented in class and some learn best by reading after material is presented. Do what works best for you but know that you will get more out of class if you do the additional readings and activities shortly before the class or just after.

#### **SECTIONS**

**Sections are held weekly and are mandatory.** We will use an electronic sectioning tool to select section times. The first sections will be held the week of **September 6.** Meeting locations will be announced.

**Your section leader will hold office hours every week.** Students who have questions, are in need of assistance, or would like to discuss issues related to class should seek out their section leader.

#### POLICY ON COLLABORATION, CITATIONS, AND ACADEMIC INTEGRITY

Discussion and the exchange of ideas are essential to doing academic work. For assignments in this course, you are permitted to consult with your classmates as you work on problem sets. However, after discussions with peers, make sure that you can work through the problem yourself and ensure that any answers you submit for evaluation are the result of your own efforts. You must list the names of students with whom you have collaborated on problem sets.

It is essential to cite any books, articles, websites, lectures, etc. that have helped you with your work. The <u>Harvard Guide for Using Sources</u> contains useful information about sources and appropriate citation practices.

You should be familiar with Harvard's <u>Honor Code</u> and follow it in this class. Further information on expectations for academic integrity are available in the <u>Harvard College student handbook</u>.

**COVID-19 considerations.** We will follow all guidance from FAS pertaining to COVID-19. At present, students testing positive for COVID-19 must isolate for five days. Students must mask for an additional five days after exiting isolation. Face masks are otherwise not required, but students are of course welcome to mask if they so choose. Please contact Professor Cutler, your TF, or Karen Smith if you will miss class due to infection with COVID-19. The teaching team will help students stay current with the course material during isolation (or help with catch-up if needed).

#### **GRADING**

**Grades will be based on several criteria.** Final grades will be on a curve, with approximately 1/3 of students receiving an A or A-. The course may be taken pass/fail. Students must complete all assignments (save two quizzes) to receive a passing grade. Please contact Professor Cutler for further information on this option.

**PARTICIPATE AND ENGAGE (15%)** 

**Attend** all classes and **participate** as appropriate **Attend**/engage in section every week

**PRACTICE AND APPLY (20%)** 

**Complete** problem sets on "tools and methods" (one per unit, three total)

**DEMONSTRATE SKILLS AND COMPETENCIES (65%)** 

Produce a unit project for each unit (three total) (45%)

**Produce** a final assessment (20%)

There is a brief quiz due before each class. The assignments will be graded pass/fail. If you have watched the videos and done the readings, you should have no difficulty passing. You are allowed to skip two days' assignments without penalty.

The problem sets will be analytical. This is a chance for you to become familiar with the technical issues in the course – epidemiology, economics, and so forth. The problem sets are likely to take some time. but remember they are largely to help you – their contribution to the overall grade is modest. Problem sets will be posted approximately one week before they are due. When appropriate, solutions will be posted after they are due. As a result, late problem sets will not be accepted.

The unit assignments will be applied projects. You will explore international relations, business strategy, and public policy. They are designed to take you out of your comfort zone. The best way to do the assignments is to dive in and put yourself in the indicated situation. At the end of each unit, some assignments will be presented to the whole class. Late unit assignments will receive a 1/3 grade deduction for every 24-hour period.

The final assessment will be applied. You will be asked to analyze a health topic of your choosing, but not one we have covered in class. You will make an argument about the nature of the health problem and design a solution for (part of) it. You will need to use data to support your argument. I will not prescribe the type of data you gather or how you analyze it. That is up to you. Late assessments will receive a 1/3 grade deduction for every 24-hour period.

If you have questions about an assignment, email your TF at least 24 hours before the assignment is due. Because we cannot guarantee that we can answer questions posed just before the assignment is due in a timely fashion, we will not answer questions asked within 24 hours of the assignment being due. If you have questions about the grading of an assignment, submit your question in writing to Karen Smith, kas3458@g.harvard.edu.

If you need academic adjustments or accommodations, speak with Professor Cutler or your teaching fellow. If you have a letter from the Disability Access Office (DAO, <a href="https://aeo.fas.harvard.edu">https://aeo.fas.harvard.edu</a>), forward that to Professor Cutler. All discussions will remain confidential, although the DAO may be consulted to discuss appropriate implementation.

Accessibility Statement: Harvard University values inclusive excellence and providing equal educational opportunities for all students. Our goal is to remove barriers for disabled students related to inaccessible elements of instruction or design in this course. If reasonable accommodations are necessary to provide access, please contact the <u>Disability Access Office (DAO)</u>. Accommodations do not alter fundamental requirements of the course and are not retroactive. Students should request accommodations as early as possible, since they may take time to implement. Students should notify DAO at any time during the semester if adjustments to their communicated accommodation plan are needed.

#### **CLASS SCHEDULE**

Intro	9/1	Thursday	A Tour of the World's Health

### Unit 1. Epidemics

In this unit, we consider the global problem of epidemics. We will focus on two in particular: COVID-19 and HIV/AIDS. Each is shaped by individual, proximal, and structural determinants of health, and disproportionately affects the most vulnerable members of society. The world is at a watershed moment in each. We will examine:

- (1) Etiology, health and non-health (economic) outcomes; prevention and treatment; social determinants of disease (individual, proximal, structural);
- (2) Epidemiologic burden and trends, global progress (basic science, drugs, social movement);
- (3) Global governance/goals (WHO, UNAIDS) and challenges (money, resistance, co-infections);
- (4) Global and national progress and failures.

Session 1.1	9/6	Tuesday	Two Epidemics: COVID-19 and HIV
Session 1.2	9/8	Thursday	Modeling Epidemics
Session 1.3	9/13	Tuesday	COVID-19 (and other possible infections)
Session 1.4	9/15	Thursday	HIV Successes and Challenges
Session 1.5	9/20	Tuesday	HIV in the US
Session 1.6	9/22	Thursday	Race and Health
Session 1.7	9/27	Tuesday	Confidence Intervals
Session 1.8	9/29	Thursday	Presentations

#### Unit 2. Pharmaceuticals

Pharmaceuticals are among the most beneficial medical technologies known. And yet, there is incredible antipathy towards pharmaceutical companies: people believe their prices are too high, they cater to the wealthy over lower and middle income people, and they put profits over patients. How should the world approach the issue of pharmaceutical company research, development, and pricing? In this unit, we will explore several aspects of pharmaceuticals:

- (1) The supply and demand for pharmaceuticals, and how they determine price and access;
- (2) Innovation in the pharmaceutical industry;
- (3) Proposed policies to increase access to pharmaceuticals in poor countries (compulsory licensing, graded pricing) and rich countries (insurance coverage, price negotiations).

Session 2.1	10/4	Tuesday	The Pharmaceutical Problem
Session 2.2	10/6	Thursday	The Economics of Pharmaceuticals
Session 2.3	10/11	Tuesday	Pricing, Regulation, and Innovation
Session 2.4	10/13	Thursday	Pharmaceutical Policy for Low and Middle Income Countries

Session 2.5	10/18	Tuesday	The New Pharma Industry
Session 2.6	10/20	Thursday	U.S. Policy Options for Pharma
Session 2.7	10/25	Tuesday	Presentations
Session 2.8	10/27	Thursday	Relationships Between Variables

#### Unit 3. The US Health Care System

The US has a difficult time agreeing about health care reform. The Affordable Care Act was universally panned until the Republicans tried to replace it, when it became more popular. Why is health reform so difficult in the US? What are the options for reform? In this unit, we will explore several factors:

- (1) The history of health reform in the US and other (rich) countries;
- (2) The issues that reform must address (costs, access, and quality);
- (3) The challenges that policy faces when it has only imperfect instruments to influence patients and providers;
- (4) Social determinants of health.

Along the way, we will also look in detail at how social scientists draw conclusions from data.

Session 3.1	11/1	Tuesday	Western Health Systems
Session 3.2	11/3	Thursday	The Affordable Care Act
Session 3.3	11/8	Tuesday	Quality of Medical Care in America
Session 3.4	11/10	Thursday	Social Determinants of Health
Session 3.5	11/15	Tuesday	Consumerism
Session 3.6	11/17	Thursday	Selection
Session 3.7	11/22	Tuesday	Single Payer and Provider Payment Reform
No Class	11/24	Thursday	Thanksgiving
Session 3.8	11/29	Tuesday	Presentations
Wrap Up	12/1	Thursday	Wrap up

### **DETAILED COURSE SCHEDULE**

Intro	9/1	A Tour of the World's Health

- Discuss the relationship between health and development (aka the 'Preston Curve')
- Identify the successes (China and India) and failures (sub-Saharan Africa, Russia, the US) in world health status
- Understand the importance of infectious disease in world health

Pre-Class	Pre-Class Assignments				
Fill out	The introduction form				
Watch	The video on course mechanics				
Watch	The pre-class videos				
Take	The comprehension quiz				
Look at	Gapminder.org				
Before o	Before or After Class Assignments				
Read	Cutler, David, et al., "The Determinants of Mortality," J Econ Per, 2006, 20(3), 97-120 (focus on p. 106-111).				

# **Unit 1. Epidemics**

Session 1.1	9/6	Two Epidemics: COVID-19 and HIV

- Describe (at a high level) the basic science of COVID-19 and HIV/AIDS
- Describe when a disease becomes an epidemic or pandemic
- Understand the worldwide and regional prevalence of COVID-19 and HIV
- Situate COVID-19 and HIV relative to other infectious diseases

Pre-Class	Assignments		
Watch	Gates, Bill, "The Next Outbreak? We're Not Ready," TED Talk, 2015.		
	Iwasa, Janet, "Why It's So Hard to Cure HIV/AIDS."		
	Kurzgesagt, "The Coronavirus Explained and What You Should Do."		
Read	Irfan, Umair, "How The Delta Variant Is Altering The Course of the Pandemic," Vox.com		
Watch	The pre-class videos		
Take	The comprehension quiz		
Before o	r After Class Assignments		
HIV			
Watch	Rosling, Hans, <u>Insights on HIV, in Stunning Data Visuals</u> , TED 2018.		
Read	Avert, "Women and Girls, HIV and AIDS," July 27, 2017.		
COVID-19	)		
Read	Wu, Jin, et al., "How the Virus Got Out," New York Times, March 22, 2020.		
	Watkins, Derek, et al., " <u>How The Virus Won</u> ," New York Times, June 25, 2020.		
	If you want more		
Watch	20 Deadliest Pandemics in History.		

Session 1.2	9/8	Modeling Epidemics

- Understand the dynamics of an epidemic, including SIR models
- Discuss the difference between concentrated and generalized epidemics
- Highlight the high risk populations for HIV and COVID

Pre-Class	re-Class Assignments		
Watch	The pre-class videos		
Take	The comprehension quiz		
Explore	The SIR model simulation		
Before or	After Class Assignments		
Read	Avert, " <u>Sex Workers, HIV and AIDS</u> ," July 31, 2017.		
	Coggon, D, Geoffrey Rose, and David JP Barker, " <u>Chapter 2: Quantifying Disease in Populations</u> ," in Epidemiology for the Uninitiated, 2017.		
	(More advanced, if you are interested) Cassels, Susan, et al. Mathematical Models for HIV Transmission Dynamics: Tools for Social and Behavioral Science Research. J AIDS 2008; 47(Suppl 1): S34-S39.		
	(More advanced, if you are interested) <u>Covasim</u> , and the explainer paper, Kerr, Cliff C., et al., " <u>Covasim: An Agent Based Model of Covid-19 Dynamics and Interventions</u> ," working paper.		

Session 1.3	9/13	COVID-19 (and other possible infections)
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- Differentiate the actions of countries with successful responses to COVID-19 versus countries with less successful responses
- Understand the mistakes of governments and international organizations in planning for COVID and containing it once it occurred
- Compare the experience of COVID with past influenza-type outbreaks

Pre-Class	Assignments
Fill out	The Unit 1 Assignment Choice
Watch	The pre-class videos
Take	The comprehension quiz
Before o	r After Class Assignments
COVID-19	
Read	Independent Panel for Pandemic Preparedness and Response. Covid-19: make it the last pandemic. Summary. May 2021. <a href="https://theindependentpanel.org/mainreport">https://theindependentpanel.org/mainreport</a> .
	Jetalina, Katelyn, " <u>18 Months of the COVID-19 Pandemic: A Retrospective in 7 Charts</u> ", theconversation.com.
	Taylor, Adam, "Researchers are Asking Why Some Countries were Better Prepared for COVID. One Surprising Answer: Trust," Washington Post, February 1, 2022.
	Kofman Aaron, et al. "Potential COVID-19 Endgame Scenarios: Eradication, Elimination, Cohabitation, or Conflagration," JAMA. 2021;326(4):303–304.
Operatio	n Warp Speed
Read	How Have COVID-19 Vaccines Been Made Quickly and Safely?, Wellcome.org
What Co	nes Next?
Read	"The Next Pandemic: When Could It Be?" Chathamhouse.org, February 2022.
	Shah, Mirai, "Containing the Spread of Mumps on College Campuses," Royal Society of Open Research, January 2022.
	Council on Foreign Relations, "Improving Pandemic Preparedness: Lessons from COVID-19," Independent Task Force Report Number 78, 2020, Executive Summary, pages 2-12.

Session 1.4	9/15	HIV Successes and Challenges

- Describe the world's response to HIV historically and currently, including the Millennium Development Goals (MDGs) and Sustainable Development Goals (SDGs)
- Understand trends in global pharmaceutical availability, pricing, and usage, including the role of international organizations in fostering those trends
- Describe the key features of HIV success stories in particular countries (Uganda, Thailand)
- Show how stigma adversely affects control of COVID-19 and HIV
- Discuss the epidemiological problems associated with changing infectious diseases
- Understand the key financial challenges facing the world (overall funds) and specific countries (middle income countries) in fighting infectious diseases

Pre-Class	Assignments
Watch	Innocence for Sale, Part 1, Part 2, Part 3.
	The pre-class videos
Take	The comprehension quiz
Before o	r After Class Assignments
Uganda (	for country profiles, see <u>here</u> )
Read	Kron, Josh, " <u>In Uganda, an AIDS Success Story Comes Undone</u> ," New York Times, August 2, 2012, A5.
	Stoneburner, Rand L, and Daniel Low-Beer, "Population-level HIV Declines and Behavioral Risk Avoidance in Uganda," Science, April 30, 2004, 304(5671), 714-718.
Thailand	
Read	Charumilind, Sarun, et al. HIV in Thailand: The 100% Condom Program. Harvard Medical School, Brigham and Women's Hospital 2011. Parts A (Links to an external site.) and B (Links to an external site.).
Access to	Medications
Read	Dugger, Celia W., " <u>Clinton Foundation Announces A Bargain on Generic AIDS Drugs</u> ," New York Times, May 9, 2007, p. A9.

Fauci, Anthony S. and Robert W. Eisinger, "PEPFAR – 15 Years and Counting the Lives Saved." N Engl J Med 2018;378(4):314-316.

Denialis	m in South Africa	
Read	Specter, Michael, "The Denialists," The New Yorker, March 12, 2007.	
Russia		
Read	Beyrer, Chris, et al. <u>The Expanding Epidemic of HIV-1 in the Russian Federation.</u> PLoS Mo 2017;14(11): e1002462.	
The Com	ing Plague?	
Read	Garrett, Laurie, " <u>The Next AIDS Pandemic</u> ," Foreign Policy, July 26, 2017.	

Session 1.5	9/17	HIV in the US
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- Understand the intersection between social movements (disease activists) and science (FDA, NIH)
- Understand the lingering HIV epidemic: vulnerable people in poor areas
- Discuss the public health approach to HIV and how current efforts differ from that

Watch	The pre-class videos
Take	The comprehension quiz
Read	Villarosa, Linda, "America's Hidden HIV Epidemic," New York Times Magazine, June 6, 2017.
Before or	· After Class Assignments

Read	Crimp, Douglas, " <u>Before Occupy: How AIDS Activists Seized Control of the FDA in 1988</u> ," The Atlantic, December 6, 2011.
	World AIDS Day: how AIDS activists changed medical research, The Guardian, Dec. 1, 2013.
The Curre	nt Epidemic
Watch	<u>Isolation and stigma sustain HIV in the South: 'It's like we're on a deserted island'</u> June 16, 2018   PBS NewsHour William Brangham and Jason Kane.
Read	Frieden Thomas R., et al. "Applying Public Health Principles to the HIV Epidemic — How Are We Doing?" N Engl J Med 373;23 December 3, 2015.
Explore	Surviving and Thriving: AIDS, Politics, and Culture.
Watch (Op	otional, but strongly encouraged)
	And the Band Played On (Movie).
	How to Survive a Plague (Documentary).

Session 1.6	9/22	Race and COVID-19

- Understand the impact of COVID-19 on people of different races and ethnicities
- Understand theories about why health differs so much across races and ethnicities, including unequal resource distribution and structural racism

Pre-Class Assignments	
Watch	Social Determinants of Health – an Introduction
Watch	The pre-class videos
Watch	Williams, David R., " <u>How Racism Makes Us Sick</u> ," TedMed.
Watch	Alsan, Marcella, "Racial Health Inequality in Medicine and Economics," YouTube (long: focus on medicine part)
Take	The comprehension quiz
Before or After Class Assignments	

Read	Bailey, Zinzi D., et al., " <u>Structural Racism and Health Inequities in the USA: Evidence and Interventions</u> ," the Lancet, 2017; 389: 1453-1463.
	Gee, Gilbert C., and Chandra L. Ford, " <u>Structural Racism and Health Inequities: Old Issues,</u> New Directions," Du Bois Review: Social Science Research on Race, 8(1), 2011, 115-132.
	Wezerek, Gus, "Racism's Hidden Toll," New York Times, August 11, 2020.
	(Socioeconomic status) Adler, Nancy E., and Katherine Newman, "Socioeconomic Disparities In Health: Pathways And Policies," Health Affairs, 2002, 21(2), 60-76.
	Lopez Leo, et al. "Racial and Ethnic Health Disparities Related to COVID-19." JAMA. 2021; 325(8):719–720.

Session 1.7	9/27	Confidence Intervals

- Understand the distribution of estimates of a random variable
- Define confidence interval for an estimated value such as a mean

Pre-Class	Assignments
Watch	The pre-class videos
Take	The comprehension quiz
Before or	After Class Assignments
Read	Kenton, Will, " <u>Confidence Intervals</u> ", Investopedia, 2020.

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Session 1.8	9/29	Presentations

## **Unit 2: Pharmaceutical Policy**

Session 2.1	10/4	The Pharmaceutical Problem and Confidence Intervals
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### **Learning Objectives**

- Understand the value of pharmaceuticals
- Understand the costs of pharmaceuticals from two perspectives: production and development;
   and reimbursement
- Be aware of trends in pharmaceutical costs over time

Pre-Clas	s Assignments
Watch	The pre-class videos
Take	The comprehension quiz
Read script	CBS News, " <u>The Cost of Cancer Drugs</u> ," October 5, 2014
Before o	or After Class Assignments
Read	Kremer, Michael, " <u>Pharmaceuticals and the Developing World</u> ," J of Econ Per, 2002, 16(4): 67-90.
Example	: Cancer
Read	Bach, Peter B., et al. "In cancer care, cost matters," New York Times. October 15, 2012; A25.
	Experts in Chronic Myeloid Leukemia, "The price of drugs for chronic myeloid leukemia (CML) is a reflection of the unsustainable prices of cancer drugs: from the perspective of a large group of CML experts," Blood, 2013, 121:4439-4442.

Session 2.2	10/6	Demand and Supply: The Economics of Pharmaceuticals
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- Understand the demand and supply of (existing) pharmaceuticals
- Understand equilibrium price and quantity in pharmaceutical markets
- Compare and contrast regulation of pharmaceuticals in different countries

Pre-Class	Assignments
Watch	The pre-class videos
Explore	Memorial Sloan Kettering Cancer Center, <u>Drug Abacus</u>
Take	The comprehension quiz
Before or	After Class Assignments
Watch	St. Louis Fed, Economic Lowdown Video Series, <u>Episode 1 – Supply</u> , <u>Episode 2 – Demand</u> , <u>Episode 3 – Equilibrium (optional)</u>
	Fixed v. Variable costs

Session 2.3	10/11	Pricing, Regulation, and Innovation

- Understand the dynamics of research and development, including the roles of pricing, patent policy, and market competition
- Contrast optimal pricing and regulation in a static (non-changing) and a dynamic market
- Discuss empirical evidence on the impact of pricing on innovation

Pre-Clas	s Assignments
Watch	The pre-class videos
Read	Frakt, Austin, "Why Preventing Cancer is Not the Priority in Drug Development," New York Times, Upshot, December 25, 2015.
Take	The comprehension quiz
Before o	or After Class Assignments
Read	Scherer, F.M., "The Link Between Gross Profitability and Pharmaceutical R&D Spending," Health Affairs, 2001, 20(5), 216-220.

Section 2.4	40/42	Policy Options for Law and Middle Income Countries
Session 2.4	10/13	Policy Options for Low and Middle Income Countries

- Understand the challenges to adequate access to medications in low and middle income countries, with special emphasis on pricing and regulatory issues
- Identify issues of compulsory licensing and debate the pros and cons of this policy
- Understand the importance of 'missing medications' for people in these countries

Pre-Class	s Assignments
Watch	The pre-class videos
Watch	't Hoen, Ellen, <u>Why You Can't Get the Lifesaving Drugs You Need</u> , Ted, 2012.
Take	The comprehension quiz
Before o	or After Class Assignments
Read	Wirtz, Veronika J., et al., " <u>Essential Medicines for Universal Health Coverage</u> ," the Lancet, 2017, 389(10067): 403-476. (skim)

Session 2.5	10/18	The New Pharma Industry

- Understand changes in how R&D is occurring over time
- Discuss possible reforms to FDA processes
- Discuss possible changes to the payment for pharmaceuticals

Watch	The pre-class videos	
Take	The comprehension quiz	

Read	Stern, Ariel D., et al., "How Economics Can Shape Precision Medicines," Science, 2017, 355(6330):1131-1133.
Skim	MIT New Drug Development Paradigms Initiative, <u>FoCUS: Financing and Reimbursement of Cures in the US</u> , 2018.
Read	(If you are really interested and have some economics) Chandra Amitabh, et al., <u>Characterizing</u> the Drug Development Pipeline for Precision Medicines," 2018.

Session 2.6	10/20	U.S. Policy Options for Pharma
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- Evaluate areas of reform, including the benefits and costs of each: pricing policy; increasing competition; value-based payments; and reduced R&D costs
- Understand the arguments for and against government involvement in safety and efficacy

Pre-Class Assignments			
Watch	The pre-class videos		
Read	Conti, Rena M., and Meredith B. Rosenthal, "Pharmaceutical Policy Reform — Balancing Affordability with Incentives for Innovation," N Engl J Med, 2016, 374:703-706		
Take	The comprehension quiz		
Before o	r After Class Assignments		
Read	Bach, Peter B., "Indication Specific Pricing for Cancer Drugs," JAMA, 2014,312(16): 1929-1930.		
	Conti, Rena M., et al., "Pharmaceuticals and the Public Health," JAMA, 2016; 316(2): 2083-2084.		
	Rawlings, Michael D., " <u>NICE Work – Providing Guidance to the British National Health Service</u> ", N Engl J Med, 2004, 351(14), 1383-5.		
	Van Nuys, Karen, et al., " <u>Reining in Pharmaceutical Costs</u> ," Brookings-Schaeffer Center, 2017.		
Dig Deeper (Three Policy Proposals)			

Read	Darrow, Jonathan J., and Aaron S. Kesselheim, " <u>Promoting Competition to Address</u> <u>Pharmaceutical Prices</u> ," Health Affairs Policy Options Paper, March 15, 2018.				
	Pearson, Steven D., et al., <u>Policy Strategies for Aligning Price And Value For Brand-Name</u> <u>Pharmaceuticals</u> , Health Affairs Policy Options Paper, March 15, 2018.				
	Duetzina, Stacie, et al., "Improving The Affordability Of Specialty Drugs By Addressing Patients' Out-Of-Pocket Spending," Health Affairs Policy Options Paper, March 15, 2018.				

Session 2.7 10	/25	Presentations and discussion
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Session 2.8	10/27	Relationships Between Variables

- Understand a regression equation and whether a relationship is 'statistically significant'
- Understand the difference between correlation and causation
- Be able to critique studies for statistical accuracy and whether the conclusions are appropriate

Pre-Class Assignments				
Watch	The pre-class videos			
Take	The comprehension quiz			
Before o	or After Class Assignments			
Estimating and Interpreting regressions				
Skim	Penn State, <u>Simple Linear Regression</u> , especially sections 1.1-1.3 (don't get caught up in the math!)			
Correlation v. causality				

	Lo, Nathan C., et al. "Abstinence Funding Was Not Associated With Reductions in HIV Risk Behavior in Sub-Saharan Africa," Health Affairs, 35(5), May 2016.
Watch	Smeets, Ionica, <u>The Danger of Mixing Up Correlation and Causality</u> , Tedx

## Unit 3: US Health Care Reform

Session 3.1	11/1	Western Health Systems

### **Learning Objectives**

- Compare health systems in terms of coverage, cost constraints, and quality
- Understand major differences between the US and other high income countries

Pre-Clas	Pre-Class Assignments		
Watch	The pre-class videos		
	University of Maryland, <u>Health systems video</u> .		
	Kaiser Family Foundation, <u>Health of the Healthcare System</u>		
	Which Country Has the Best Health Care System? Washington Post Video.		
Take	The comprehension quiz		
Before o	or After Class Assignments		
Read	Cutler, David, " <u>Equality, Efficiency, and Market Fundamentals: The Dynamics of International Medical Care Reform</u> ," J Econ Lit, 2002, 40(3), 881-906.		
	Fuchs, Victor, " <u>Major Trends in the U.S. Health Economy Since 1950</u> ," N Eng J Med, 2012, 366, 973-977		
	Newhouse, Joseph P., " <u>Medical Care Costs: How Much Welfare Loss?</u> " J Econ Per, 1992, 6(3), 13-29.		

Session 3.2	11/3	The Affordable Care Act

- Identify the major features of the Affordable Care Act (ACA), including those parts affecting coverage and costs
- Understand the major legal and political obstacles to the ACA
- Describe trends in public support for various components of the ACA and its proposed alternatives

Pre-Class Assignments			
Watch	The pre-class videos		
Complete	The pre-class assignment (choose insurance coverage!)		
Before or A	fter Class Assignments		
Read	Cutler, David, "Should Healthy People Have to Pay for Chronic Illnesses?" Washington Post, March 17, 2017.		
	Oberlander, Jonathan, " <u>Unfinished Journey — A Century of Health Care Reform in the United States</u> ," N Engl J Med, 2012, 367, 585-590.		
	Reinhardt, Uwe, " <u>Is Health Care Special?</u> ", New York Times Economix Blog, August 6, 2010; " <u>Health Care, Uncertainty, and Morality</u> ," August 13, 2010.		
Watch	Rebekah Gee on Health Care Policy, 2017.		
	Kaiser Family Foundation, <u>Health Reform Hits Main Street</u> , 2010.		

Session 3.3	11/8	Quality of Medical Care in America
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- Understand the dimensions of quality (STEEP)
- Understand areas in which quality is low, including overuse of care, underuse of care, and misuse of care
- Understand the total amount of medical spending estimated to go to low quality care
- Identify the major proposals for addressing quality issues

Pre-Class Assignments		
Watch	The pre-class videos	
Read	Gawande, Atul, " <u>The Cost Conundrum</u> ," The New Yorker, June 1, 2009.	
Take	The comprehension quiz	

Before	Before or After Class Assignments		
Read	Berwick, Donald, " <u>A User's Manual for the IOM's 'Quality Chasm' Report</u> ," Health Affairs, 2002, 21(3), 80-90; or see the <b>Video</b> . <u>Crossing the Quality Chasm</u> , Coursera.		
	Gawande, Atul, " <u>Overkill</u> ," The New Yorker, May 11, 2015		
	Papanicolas, Irene et al. " <u>Health Care Spending in the United States and Other High-Income</u> Countries," JAMA, March 13, 2018 319(10):1024–39.		
	(skim). Fisher, Elliott S., et al. "The Implications of Regional Variations in Medicare Spending. Part 1: The Content, Quality, and Accessibility of Care," and "Part 2: Health Outcomes and Satisfaction with Care," Annals of Internal Medicine, 138(4), 2003.		

Session 3.4 11/10 Social Determinants of Health	
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- Describe the link between social status and health and the theories that explain such a link
- Identify specific social factors that influence health (housing policy, education policy, tax policy, etc.)
- Discuss the tradeoff between social and health care spending in dealing with vulnerable populations

Pre-Class Assignments			
Watch	The pre-class videos		
Take	The comprehension quiz		
Before o	or After Class Assignments		
Read	Case, Anne, and Angus Deaton, " <u>Rising midlife morbidity and mortality, US whites</u> "  Proceedings of the National Academy of Sciences Dec 2015, 112 (49) 15078-15083.		
	Chetty, Raj, et al., "The Association Between Income and Life Expectancy in the United States, 2001-2014," JAMA, 2016, 315(16): 1750-1766.		

Marmot, Michael, et al., "Closing the Gap in a Generation: Health Equity through Action on the Social Determinants of Health," The Lancet, 2008, 372(9650): 1661-1669.
Taylor, Lauren, et al., " <u>Leveraging the Social Determinants of Health: What Works?</u> " PLoS One, 2016; 11(8): e0160217.

Socion 2 F	11/15	Consumerism
Session 3.5	11/15	Consumerism

- Understand the major dimensions of consumerism, in choice of insurance plans and choice of medical care providers
- Summarize the evidence on consumer responses to choice settings, in particular whether such decisions are 'rational' or not

Pre-Clas	Pre-Class Assignments		
Watch	The pre-class videos		
	Kaiser Family Foundation, <u>Health insurance explained</u> .		
	MoneyCoach, <u>Health Insurance 101: The Basics</u>		
Take	The comprehension quiz		
Before o	or After Class Assignments		
Read	Huskamp, Haiden A., et al., "The Effect of Incentive-Based Formularies on Prescription-Drug Utilization and Spending," N Engl J Med, 2003; 349: 2224-2232.		
	Rosenthal, Meredith, " <u>What Works in Market-Oriented Health Policy</u> ," N Engl J of Med, 2009, 360(21): 2157-2160.		
	(Optional; more advanced) Swartz, Katherine, <u>Cost Sharing: Effects on Spending and Outcomes</u> , Robert Wood Johnson Foundation, 2010.		

Selection	Session 3.6	11/17	Selection
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- Understand the costs and benefits of selection in insurance
- Describe the dynamics of markets when people differ in risk
- Discuss solutions to selection in insurance

Pre-Class Assignments		
Watch	The pre-class videos	
Read	Nickolas, Steven, " <u>Moral Hazard vs. Adverse Selection: What's The Difference?</u> " Investopedia, April 13, 2019.	
Take	The comprehension quiz	
Before o	or After Class Assignments	
Read	Cunningham, Rob, " <u>Risk Adjustment in Health Insurance</u> ", Health Policy Brief, August 30, 2012.	
	Cook, Robin, "Decoding Health Insurance," New York Times, May 22, 2005.	
	(Optional, if you have had Ec10) Einav, Liran, and Amy Finkelstein, "Selection in Insurance Markets: Theory and Empirics in Pictures," J of Econ Per, 2011, 25(1): 115-38.	

Session 3.7	11/22	Single Payer and Provider Payment Reform

### **Learning Objectives**

- Understand the arguments for and against single payer, including administrative cost savings, provider payments, and the role of the government in health care
- Understand the major types of provider reform, including financial incentives (salaried physicians, performance-based payment), professionalism, and tort reform
- Summarize the literature evaluating the impact of provider payment reform on the cost and quality of care

### Pre-Class Assignments

Watch	The pre-class videos		
Take	The comprehension quiz		
Before o	or After Class Assignments		
Account	able Care Organizations		
Read	McWilliams, J. Michael, et al., " <u>Early Performance of Accountable Care Organizations in Medicare</u> ," N Engl J Med, 2016; 374:2357-2366.		
	Song, Zirui, Yunan Ji, Dana Safran, et al., " <u>Health Care Spending, Utilization, and Quality 8 Years into Global Payments</u> ," N Engl J Med, July 18, 2019; 381: 252-263.		
Defensiv	e medicine		
Read	Baicker, Katherine, et al., "Malpractice Liability Costs and the Practice of Medicine in the Medicare Program," Health Affairs, 2007, 26(3): 841-852.		
Profession	onalism		
Read	Pronovost, Peter J., et al., "Preventing Bloodstream Infections: A Measurable National Success Story in Quality Improvement," Health Affairs, 2011, 30(4): 628-634; and Video. In the Interest of Patient Safety.		

Session 3.8	11/29	Presentations and Discussion
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