# Harvard Extension School

## **CSCI E-78 Wearable Technologies and the Internet of Things**

#### **Teaching Staff:**

#### Instructor:

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#### **Course Description**

Wearable technologies field has been experiencing explosive growth with exciting applications in the fields of medicine, sports, fitness, entertainment, as well as new ways for people to interact, communicate, and experience the environment around them. Internet of Things (IoT) works with sensors and software in wearable technologies to provide a communications network that allows data collection and information exchange for wearable devices. The applications of this exciting new field range from helping manage chronic diseases to experiencing entertainment, sports and games in a virtual-reality setting. Enterprise Architecture for systems is being expanded and augmented to use Internet of Things communication network and aggregate data from wearable devices into Big Data collection and analytics frameworks. In this course we review aspects of wearable technologies, including the software, architecture, UX design, communication networks, and data analytics. We review current and proposed uses of this emerging technology.

#### **Textbooks**

- Edward Sazonov, Michael R. Neuman (editors), <u>Wearable Sensors: Fundamentals</u>, <u>Implementation and Applications</u>, 2014, Academic Press/Elsevier, ISBN 978-0124186620
- Honbo Zhou, <u>Internet of Things in the Cloud A Middleware Perspective</u>, 2012, CRC Press, ISBN 978-1439892992
- Claire Rowland, Elizabeth Goodman, Martin Chalier, Ann Light, Alfred Lui, <u>Designing</u> <u>Connected Products: UX for the Consumer Internet of Things</u>, 2015, O'Reilly Media, Inc, ISBN 978-1449372569

#### **Course Objectives**

The course is intended to provide students with an understanding of:

- Wearable Technology Devices
- Application of Wearable Device Technology, such as Medicine, Sports, Fitness, Entertainment, Communication, Connected Homes, Connected Cars
- User Experience Design for Wearable Technology
- Internet of Things Architecture and Middleware
- Internet of Things Networking and Communication

- Internet of Things Data
- Internet of Things Cloud and Mobile Computing

### **Assignments and Grading**

- Homework 1: Wearable Technology Applications
- Project 1: Wearable Technology Design and Architecture
- Homework 2: Internet of Things Architecture and Networking
- Project 2: Internet of Things Design and Architecture
- Team Presentation: Case Study students are grouped into teams for case discussions and each team presents one case study analysis
- Weekly Discussions: Students will participate in weekly online forum discussions with topics based on course material for each week

Grade Weight	Assignment
15%	Homework 1
20%	Project 1
15%	Homework 2
20%	Project 2
10%	Team Presentation: Case Study
20%	Weekly Discussions

Week 1: 1/22-1/28/2018	Fundamentals of Wearable Technologies. User Experience Design for Internet of Things <u>Readings:</u> • Sazanov, Neuman, Wearable Sensors: Ch. 1.1 • Rowland et al.: Ch. 1 <u>Assignments</u> : • Week 1 Discussions
Week 2: 1/29-2/4	Social Aspects of Wearability. Internet of Things - Applications <u>Readings:</u> • Sazanov, Neuman, Wearable Sensors: Ch. 1.2, 1.3 • Zhou: Ch. 2 (pp. 29-53) <u>Assignments:</u> • Homework 1 Assigned • Week 2 Discussions

Week 3:	Wearable Chemical and Biochemical Sensors.
2/5-2/11	Technology of Connected Devices – Device Types, Sensors,
	Actuators.
	Internet of Things – Devices, Objects, Transducers, Controllers
	Readings:
	<ul> <li>Sazanov, Neuman, Wearable Sensors. Ch. 2.1</li> <li>Rowland et al.: Ch. 2 (pp. 29-52)</li> </ul>
	• Zhou: Ch. 3
	Accimponto
	Homework 1 Is Due 2/11
	Week 3 Discussions
Week 4:	Medical Applications of Wearable Technologies.
2/12-2/18	Internet of Things - Connectivity
	Readings:
	Sazanov, Neuman, Wearable Sensors: Ch. 2.3
	• Zhou: Ch. 4
	Assignments:
	Project 1 Assigned
	Week 4 Discussions
Week 5:	Wearable Technologies - Energy Expenditure and Energy
2/19-2/25	Harvesting.
	Lechnology of Connected Devices – Energy Considerations
	Readings:
	Sazanov, Neuman, Wearable Sensors: Ch. 2.4, 4.1, 4.2
	• Rowland et al.: Ch. 2 (pp. 53-56)
	Assignments:
	Project 1 Continued
	Week 5 Discussions
Week 6:	Flexible Electronics and Textiles for Wearable Technologies.
2/26-3/4	Connected Product Design.
	Internet of Things - Middleware
	Readings:
	Sazanov, Neuman, Wearable Sensors: Ch. 3.1, 3.2, 3.3
	Rowland et al.: Ch. 5     Zhou: Ch. 5
	Assignments:
	Project 1 Due 3/4
	Week 6 Discussions

Week 7:	Wearable Algorithms.
3/5-3/10. 3/18	Web of Things – Architecture Standardization
(Spring Break:	
3/11-3/17)	Readings:
5/11-5/17	<ul> <li>Sazanov, Neuman, Wearable Sensors; Ch. 5.1</li> </ul>
	• Zhou: Ch. 7
	Assignments:
	Homework 2 Assigned
	Week 7 Discussions
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Week 8:	Data Mining for Body Sensor Network.
3/19-3/25	Internet of Things – Embedded Device UX Design
	Readings:
	<ul> <li>Sazanov, Neuman, Wearable Sensors: Ch. 5.2</li> </ul>
	Rowland et al.: Ch. 7
	Assignments
	• Homework 2 is Due 3/25
	Week 8 Discussions
Wook 9.	Physical Activity Modeling and Behavior Change
2/26_1/1	Internet of Things Interface and Interaction Design
5/20-4/1	Internet of Things – Internace and Interaction Design
	Readings:
	Sazanov Neuman Wearable Sensors: Ch. 5.3
	<ul> <li>Rowland et al : Ch. 8</li> </ul>
	Assignments:
	Project 2 Assigned
	Week 9 Discussions
Week 10:	Human Body Communication for a Data Rate Sensor Network.
4/2-4/8	Internet of Things – Networking
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	Readings:
	<ul> <li>Sazanov, Neuman, Wearable Sensors: Ch. 6.1, 6.2</li> </ul>
	Rowland et al.: Ch. 3
	Assignments:
	Project 2 Continued
	Week 10 Discussions
Week 11:	Wireless Body Area Networks.
4/9-4/15	Internet of Things – Cloud Computing
	Readings:
	<ul> <li>Sazanov, Neuman, Wearable Sensors: Ch. 6.3, 6.4</li> </ul>
	• Zhou: Ch. 8

	Assignments:
	Project 2 Continued
Week 12	Week 11 Discussions     Week 2 Constant of Physical and Physical science
4/16-4/22	Changes and for Early Detection of Diseases
-110-122	Cloud of Things – Mobile Computing, Cloud Architecture
	<u>Readings:</u> Sazanov Neuman Wearable Sensors: Cb. 7.1. 7.2
	• Zhou: Ch. 9
	Assignments.
	Project 2 Is Due 4/22
	Week 12 Discussions
Week 13:	Wearable and Non-Invasive Assistive Technologies.
4/23-4/29	Internet of Things - Cross-Platform UX, Interoperability,
	Interusability
	Readings:
	Sazanov, Neuman, Wearable Sensors: Ch. 7.3
	• Rowland et al.: Cn. 9, 10 Assignments:
	Week 13 Discussions
Week 14:	Team Presentation: Case Study 1 (Team 1) – Digital Health
4/30-5/6	Team Presentation: Case Study 2 (Team 2) – Connected Home
	Team Presentation: Case Study 3 (Team 3) – Connected Car
	real resentation. Case Study 4 (real 4) - Smart Chies
	Readings: Rewland et al.: Case Study _ Brotous Digital Health
	<ul> <li>Rowland et al.: Case Study – Protects Digital Treatment</li> <li>Rowland et al.: Case Study – Connected Home</li> </ul>
	Rowland et al.: Case Study – Connected Car
	Assignments:
	<ul> <li>Team Presentations due for teams 1, 2, 3, 4. Teams record</li> </ul>
	presentations and <b>submit on 4/30</b> . Presentations will be available on
	Week 14 Discussions
	Team Presentation: Case Study 5 (Team 5) – Wearables and IoT
Week 15:	in Entertainment and Gaming
5/7-5/12	Team Presentation: Case Study 6 (Team 6) – Wearables in
	Sports and Fitness Team Presentation: Case Study 7 (Team 7) – IoT in Retail
	Industry

Readings:
Articles
Assignmenter
Assignments:
<ul> <li>Team Presentations due for teams 5, 6, 7. Teams record presentations and submit on 5/6. Presentations will be available on Canvas for student viewing</li> </ul>
<ul> <li>Students taking the course for undergraduate credit submit feedback on a selected case study presentation (due 5/12)</li> </ul>
Week 15 Discussions

#### **Course Policies**

#### Learning Disabilities

The Extension School is committed to providing an accessible academic community. The Disability Services Office offers a variety of accommodations and services to students with documented disabilities. Please visit <u>www.extension.harvard.edu/resources-policies/resources/disability-services-accessibility</u> for more information.

#### Academic Integrity

You are responsible for understanding Harvard Extension School policies on academic integrity (<u>www.extension.harvard.edu/resources-policies/student-conduct/academic-integrity</u>) and how to use sources responsibly. Not knowing the rules, misunderstanding the rules, running out of time, submitting "the wrong draft", or being overwhelmed with multiple demands are not acceptable excuses. There are no excuses for failure to uphold academic integrity. To support your learning about academic citation rules, please visit the Harvard Extension School Tips to Avoid Plagiarism

(<u>www.extension.harvard.edu/resources-policies/resources/tips-avoid-plagiarism</u>), where you'll find links to the Harvard Guide to Using Sources and two, free, online 15-minute tutorials to test your knowledge of academic citation policy. The tutorials are anonymous open-learning tools.

#### Assignment Late Policy

All course assignments are expected to be submitted by the assignment deadline. Any extenuating circumstances that prevent a student from submitting an assignment on time need to be discussed with the instructor.