

The Hero's and Heroine's Journeys: from *The Virgin's Promise* (Hudson)

Heroine's Journey Stages:

1. Dependent World
2. Price of Conformity
3. Opportunity to Shine
4. Dress the Part
5. Secret World
6. No Longer Fits Her World
7. Caught Shining
8. Gives Up What Kept Her Stuck
9. Kingdom in Chaos
10. Wanders in the Wilderness
11. Chooses Her Light
12. The Re-ordering
13. The Kingdom is Brighter

Hero's Journey Stages:

1. The Ordinary World
2. The Call to Adventure
3. Refusal of the Call
4. Meeting with the Mentor
5. Crossing the Threshold to Special World
6. Tests, Allies, & Enemies
7. Approach to the Innermost Cave
8. The Ordeal
9. Reward
10. The Road Back
11. The Resurrection
12. Return with the Elixir